



# Qualsafe QA Level 3 Award in First Aid at Work (Annual Refresher) (RQF)

## **Course Description**

HSE guidelines state that employers should ensure their first aiders remain competent to perform their role. As such, it is strongly recommended that first aiders undertake annual refresher training to practise their skills and update their knowledge on the latest first aid procedures.

#### Who Should Attend?

The QA Level 3 Award in First Aid at Work (Annual Refresher) (RQF) qualification is specifically designed to allow qualified first aiders to update their first aid skills yearly, until requalification training is required.

### **Course Information**

## **Half Day Course**

Learners will leave with a renewed confidence having had the opportunity to practise essential first aid procedures, including: managing an unresponsive casualty, recovery position, CPR, choking