

# IOSH Managing Occupational Health and Wellbeing

## Course Description

Managing Occupational Health and Wellbeing provides practical advice and tools for managers to help create a healthy and productive place of work.

## Course Information

### Full Day Course

- > Understand why it's important to manage fluctuations in people's health
- > Learn what to consider in a health needs assessment
- > Discover how to recognise a 'well' employee
- > Learn how to help co-workers return to work after an illness
- > Gain tools and techniques to improve health and wellbeing across your organisation
- > Memorable and thought-provoking facts and case studies
- > Sections backed by clear examples and recognisable scenarios
- > Materials supplied for subsequent use in the workplace
- > Interactive discussions on workplace health topics
- > Practical exercise on how the learning can be applied in the workplace
- > Successful delegates awarded a Managing Occupational Health and Wellbeing certificate