

## City and Guilds Confined Space 2 day course (Medium Risk)

### Course Summary

The City and Guilds Confined Space 2 day course (medium risk) is to provide personnel who work in confined spaces with the awareness of a safe working environment. Delegates are required to do a refresher course every three years.

---

### The Certification

All theoretical training is re-enforced by demonstrations and practical exercises, after successful completion delegates will be entitled to a City and Guilds Certificate of Competence which is valid for 3 years.

---

### Course Overview

The course is designed to inform candidates the correct and safe methods of Confined Space Entry.

---

### Course Information

The course is designed to inform candidates the correct and safe methods of Confined Space Entry.

#### Two Day Course

- > Identifying a Confined Space and its hazards
- > Personal Protective Equipment and Hygiene
- > The legal requirements
- > Examination, testing and maintenance of equipment
- > Risk Assessments and Safe Systems of Work
- > Ventilation and the avoidance of unsafe atmospheres
- > Equipment required to enter a Confined Space, including Gas Monitoring equipment, Tripods and Winches and ancillary safety equipment such as harnesses, ropes and lifelines
- > Communication and entry procedures
- > Training and personnel requirements
- > Practical training and exercises
- > The use of open circuit (CABA) Escape Breathing Apparatus