

## CITB Health & Safety Awareness



### Course Description

An introductory course for health and safety is for people who are new to the construction and civil engineering industries. It teaches you the main health and safety issues on construction sites and how these affect your role. It is also recommended as a Health and Safety refresher of knowledge after five years. It is one of the Site Safety Plus range of courses.

### Course Information

#### Full Day Course

This level 1 award in health and safety in a construction environment is recognised as an equivalent to the IOSH Working safely. This means that delegates who successfully complete the above course (and can provide evidence of this) can then apply for a Construction Skills Certification Scheme (CSCS) green labourer card once they've passed the CITB Health, Safety and Environment Operatives Test.

The CITB Health & Safety Awareness covers:

- > Workers' individual responsibilities for their own safety and the safety of others
- > Work equipment
- > Occupational Health
- > Typical construction hazards and how these are controlled
- > How everyone can help achieve better practical standards of safety on site
- > Legal requirements and liabilities
- > Working at height
- > Manual Handling
- > Fire prevention