



ACTTnow Bespoke Working at Height Awareness

A Bespoke Course for you Organisation

We will work closely with you to create a bespoke course that specifically meets the individual needs of your organisation and your employees. The course will cover all the standard course elements whilst including your specific requirements.

Course Overview

This course outlines the key requirements of a successful management programme for working at height.

On completion of the course delegates will have an understanding of:

- > Health and Safety at Work Act 1974
- > Risk Assessment / Safe System of Work
- > Working at Height Regulations
- > Provision and Use of Work Equipment 1998
- > Working at Heights – Hierarchy of Controls
- > Fall Prevention – scaffolding, mobile towers, MEWPS
- > Collective Fall Protection – nets, air bags, bean bags
- > Individual Fall Protection – safety harness, lifeline
- > The safe use of ladders / stepladders
- > The Ladder Code

Course Information

Half Day Course

Introduction	Provision and Use of Work Equipment Regulations 1998	The Ladder Code / Do's and Don'ts
> Falls in the workplace – the scale of the problem	> Working at Height Regulations 2005	> Stepladders
Health and Safety at Work Act 1974	> Duty holder's responsibilities	
> Duties of Employer / Employees	> Hierarchy of Controls	
Management of Health and Safety at Work Regulations 1999	> Fall prevention	
	> Fall protection	
> Risk Assessment and Safe System of work	> Personal Fall Protection Equipment	